## My Soulful Yoga



Keep Calm And Do Yoga

When: Tuesday, 7.30am - 8.30am

Where: School Hall

Cost: \$8.00 per session (Pay as you come)

Years: Prep-6

What you need to bring: Water Bottle, Yoga Mat/

Picnic Mat/Towel

Yoga Teacher: Sumathi Subramanian

(Level 2 Yoga Teacher)

Enquiries: 0433788362

Starting - Tuesday 23 August, 2016 (Music Practice Room)