

# ASPLEY STATE SCHOOL

## TRACK AND FIELD CARNIVAL 2019



**Friday 29 March 2019:** 10-12yrs 800m

**Wednesday 24 April 2019:** 10-12yrs 1500m

**Thursday 9 May 2019:** 8-12yrs 200m Heats / Finals & 10-12yrs Discus

**Friday 10 May 2019:** 8-12yrs Field Events (Shot Put, High Jump and Long Jump) + Sprint Heats & Finals  
Relays & Ball Games + Presentations

# Aspley State School

## 2019 Year 3-6 Track and Field Carnival

**The details for the upcoming Track and Field Carnival and events are as follows:**

### Friday 29<sup>th</sup> March:

**9.00am – 10.00am** **800m Trials (10-12yrs)**

### Friday 5<sup>th</sup> April:

**9.00am – 10.00am**

**Thursday 9<sup>th</sup> of May 2019**

9.00am – 10.45am **200m Heats** (8years – 12 years) – All students to participate.

**11.30am – 1.00pm      Discus Trials (10-12yrs) – Only Selected Students (Qualified in class lessons)**

\*All other students to return back to class.

**2.15pm – 3.00pm**

Friday 10<sup>th</sup> of May 2019

Track and Field Tabloid Rotations

8.50am	Welcome Speech & March Past				
Tabloid Starting Times	Long Jump	Sprint Heats	High Jump	Ball Games	Shot Put
9.00am	2011	2010	2009	2008	2007
9.45am	2007	2011	2010	2009	2008
10.30	Morning Tea (30min)				
11.00am	2008	2007	2011	2010	2009
11.45am	2009	2008	2007	2011	2010
12.30pm	2010	2009	2008	2007	2011
1.15pm	Lunch (30min)				
1.45pm	Sprints Finals (8years-12years)				
2.15pm	Relays + Presentations for House Shield and Age Champions				

Venue/s:

**Aspley Main Oval** (Running Events: Sprints / 200m / Relays, High Jump & Long Jump).

**Aspley Junior Oval:** Shotput (all year levels).

**Aspley Netball Courts:** Ball Games: Captain Ball, Leader Ball, Tunnel Ball and Unders/Overs for all year levels.

### Sport Houses:

<b>Oxley</b>	<b>Kennedy</b>	<b>Mitchell</b>
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- Clothing:

Sport shirts and school shorts / running skins & spike for running events (optional) / hats / water bottle / school bag

- House Captains 2019:

<b>Oliver Iselin Shea Sian Esselmont</b>	<b>Sebastian Heunis Mia Le Vieux</b>	<b>Jasper Rohde Ruby Nocher</b>
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- Awards:

**Ribbons:** 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> for each of the finals only.

**Points (Age Champion)**

<b>1st</b>	<b>2nd</b>	<b>3rd</b>	<b>4th</b>	<b>5th</b>	<b>6th</b>
12 points	10 points	8 points	6 points	4 points	2 points

- **Age Champion Medallions:** 8 years – 12 years
- **House Shield:** Winning Points Aggregate

### Student Nominations and Trials:

- **800m / 1500m:** All students are eligible (students self-nominated)
- **Discus:** all students are eligible (students determined through class lessons)

- **High Jump / Shotput / Long-jump:** All students are eligible for these events. The top students, per age group, will qualify for the finals on sports day. This selection was determined through class lessons. The number of top students can vary depending on the size of the cohort and the qualifying distances from class lesson qualifying event.  
All other students, not selected for the finals, will participate in the same event, which does not contribute to aggregate points. These students will not be eligible for the finals and will not gain points towards age championship.
- **Ball Games:** All students are eligible and are strongly encouraged to participate.
- **Circular Relays:** All students are eligible. Trials are held prior to the carnival to decide each houses relay teams. Trials are held in year levels, not ages e.g.: Year 3,4,5,6.
- **Starting Height / Professional Standards for Field Events:**

	High Jump	Shot Put	Discus
8 Years	B/G: 60cm	B/G: 1.5kg	500g
9 Years	B: 70cm G: 65cm	B/G: 2kg	500g
10 Years	B: 75cm G: 70cm	B/G: 2kg	500g
11 Years	B: 80cm G: 75cm	B/G: 2kg	750g
12 Years	B: 85cm G: 80cm	B: 3kg G: 2kg	750g

- **Finalist High Jump:** First rise of 10cm, second rise 5cm or 10cm depending on numbers and abilities of competitors left, third rise 3cm or 5cm. Students will be given 3 attempts at all heights for the finalists).
- After the Aspley State School Track and Field Carnival, the students selected to compete at the District level, for the 100m event, will be timed at a track outside the school, at a date to be advised. A note will be provided to the qualifying students to advise of further details.

Junior Oval  
(Located behind the tennis courts)

